

"THE SENTIERELSA"

The Sentierelsa is a historical-naturalistic path that allows you to skirt the Elsa river and cross it on several occasions through outcropping boulders. The river that gave its name to a very important valley, always passing of goods and pilgrims. The river even mentioned by Boccaccio and Dante. It's a river that has given so much to the local population, but has also taken away from it Along the route, there are many types of plants, remains of ancient hydraulic constructions and water jumps with a magnificent waterfall, fifteen meters high, which flows into a deep pool of clear water. A real adventure, an opportunity to become children again. During this course there is the risk of getting wet.



General information	
Length of course	About 3 hours (half day)
Distance of course	About 5,50 km
Total climb	Incline: about 60 mt Decline: about 60 mt
Type of course	ring
Technical Level	Medium
Physical Level	Medium
Minimum age	8+
Activity for those over 65	yes
Meeting point	via Ciuffi Virgilio, 3 – Colle di Val d'Elsa camper parking for il Sentierelsa https://goo.gl/maps/h7KQo4hgasQ2
Distance from Diacceroni to meeting point	About 44,00 (about 50 min by car)