

"DISCOVERING SECRET GAMBASSI"

A wonderful excursion to discover the territory of Gambassi Terme, rich in history and nature. We will start by walking along part of an ancient and famous medieval route, the Francigena, like old pilgrims. Then we will plunge into the thick of the vegetation and fording the streams we will make the discovery of hypothermal sources, always frequented by the local population for the allegedly curative effects. Accompanied by the unmistakable smell of sulfur, typical of these sulphurous waters, and by the noises of nature alone, meeting the ruins of ancient mills and medieval furnaces, we will go in search of the traces of one of the last hermits who found solace in the ravines and ravines that characterize this fascinating part of the territory. As new explorers we will discover waterfalls, remains of statues and everyday life of a man whose history cannot fail to fascinate. An excursion that will leave you without words!



General information	
Length of course	About 4 hours (half day)
Distance of course	About 9,50 km
Total climb	Incline: about 300 mt Decline: about 300 mt
Type of course	ring
Technical Level	Medium
Physical Level	High
Minimum age	8+
Activity for those over 65	yes
Meeting place	Piazza Giuseppe di Vittorio, 1 – Gambassi Terme (in front of "Terme della Via Francigena") https://goo.gl/maps/fncMWKCj2wH2
Distance from Diacceroni to meeting place	About 26 km (about 34 min by car)